

**COLLEGE OF HEALTH SCIENCES  
DEPARTMENT OF MEDICAL MICROBIOLOGY**

**Postgraduate Diploma in Sexually Transmitted Infection.**

This is a 1 year programme, the course leading to the award of a postgraduate diploma in the control and management of sexually transmitted infection will be covered in four semesters over a period of 24 months. Each module is covered in one semester and has at least six units. You can therefore expect to complete approximately one study unit a month.

All study materials needed for the course are provided to all registered students. These materials form a valuable reference library which will be useful in clinical practice both during and after the course.

The programme has been extensively pre-tested and found suitable for the needs of busy professionals.

**Induction Seminars**

Enrolment and induction into the programme will be held at the University of Nairobi main campus. The induction will include an introduction to the course, the first semester material, the best methods for independent study at home and administrative matters.

This induction seminar will also be a good opportunity for all students to build bridges among themselves and find common ground to form their own study networks back at home, which is necessary in reducing the “isolation” which usually confronts distance learners.

As the course progresses, face to face sessions with tutors and guided practical sessions will take place in various regional centers. These are planned to supplement the study materials available to you.

In addition to the coverage of other subjects in the practical sessions, special attention will be given to the principles of good human relationships with particular emphasis on counseling skills, this being an area in which many doctors feel particularly ill-equipped.

## **COURSE OUTLINE**

The curriculum of the postgraduate diploma in the control and management of sexually transmitted infections has been developed through a competency-based approach.

It takes recognition of the fact that doctors are more than clinicians; they play a positive role in their community, and effective AIDS control requires doctors to have knowledge of counseling, health promotion, medico-legal and social issues, alongside their medical skills.

The study material has therefore been structured into modules which will start with the public health importance of STI, through the classical STDs and HIV/AIDS, health promotion, prevention, counseling, medico-legal issues to the control and management of STI.

There are, altogether, four modules each consisting of six or seven course units. In each semester, candidates will be required to take one module. All units comprising the modules are compulsory.

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<b>MODULE 1:</b> <b>Sexually Transmitted Infections (STI)</b>	<b>HMM 711: Public Health Importance of STI</b> <b>HMM 712: Approach to a Patient with Suspected STI</b> <b>HMM 713: Common Classic STI presentations</b> <b>HMM 714: Genital Discharges</b> <b>HMM 715: Genital Ulcer Disease</b> <b>HMM 716: Mother to Child Transmission of STIs</b> <b>HMM 717: Advanced Issues in STI</b>
<b>MODULE 2:</b> <b>Human Immuno-deficiency Virus (HIV) and Acquired Immune Deficiency Syndrome (AIDS)</b>	<b>HMM 721: biology and Natural History of HIV/AIDS</b> <b>HMM 722: HIV/AIDS and Opportunistic Infections</b> <b>HMM 723: Mycobacterial Diseases and HIV/AIDS</b> <b>HMM 724: Non Infectious Complications of HIV/AIDS</b> <b>HMM 725: HIV and Paediatric AIDS</b> <b>HMM 726: Continuum of Care in HIV/AIDS</b>
<b>MODULE 3:</b> <b>Sexually Transmitted Infections (STI) And Health Promotion</b>	<b>HMM 831: Human Sexuality</b> <b>HMM 832: Health Behaviours</b> <b>HMM 833: STI and Society</b> <b>HMM 834: Communication and Advocacy</b> <b>HMM 835: Counselling</b> <b>HMM 836: STI and Medico-legal Issue</b>
<b>MODULE 4:</b> <b>Sexually Transmitted Infections (STI) Control and Prevention</b>	<b>HMM 841: Control of STI</b> <b>HMM 842: Condoms and Other Barrier Methods</b> <b>HMM 843: STI, Nosocomial Infections and Infection Control</b> <b>HMM 844: STD and Safe Blood Transfusion</b>

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## **Entry Requirements**

Applicants for the Postgraduate Diploma in STI Control must hold at least a first degree in a clinical area from a recognized university.

Holders of the following degrees shall be eligible for admission.

- Bachelor of Medicine and Bachelor of Surgery (M.B.Ch.B)
- Bachelor of Dental Sciences (B.D.S)
- Bachelor of Science in Nursing (B.Sc.N)
- Holders of similar degrees or qualifications from other universities recognized by the University of Nairobi as being of comparable academic status.

Applicants must be currently working as health care providers in either the private, non-governmental or public health sectors.

## **Examination Regulations**

The examination will follow the common regulations governing postgraduate programmes of the University of Nairobi. It should be noted that for the delivery of the course through distance learning one Course Semester means 12 calendar months, said otherwise six calendar months.

- a) The examination will include written, oral, practical or clinical examinations.
- b) The final examination shall constitute 70% and continuous assessment tests shall constitute 30% of the total final mark in any one Module.
- c) The pass mark for any one Module shall be 50%.
- d) A candidate who obtains a mark of less than 40% in any one Module, or fails with 40% to 49% in both Modules in any Course Semester year examinations will on recommendation of the Board of Examiners and approval of the Senate be permitted to do a supplementary examination in failed Module(s).
- e) A candidate who obtains less than 40%, but gets an average of more than 50% in both Modules of any Course Semester will on recommendation of the Board of Examiners and approval of the Senate be allowed to do a supplementary examination in the failed Module.
- f) A candidate who obtains less than 40% and gets an average of less than 50% in both Modules in any Course Semester repeats the Course Semester.
- g) A candidate who fails in both Modules with an average of less than 40% will on recommendations of the Board of Examiners and approval of the Senate be discontinued from the course.
- h) A candidate who repeats more than three times will on recommendation of the Board of Examiners and approval of the Senate be discontinued from the course.
- i) In the second year examinations, the same regulations from (d) apply.

A candidate who satisfies the examiners in the final year examination or supplementary examinations shall be awarded the Postgraduate Diploma in the Control and Management of Sexually Transmitted Infections (PG.D. STI).